

**TODAY'S GUEST SPEAKER****Dr Jai Ranjan Ram, MD**

Dr Jai Ranjan Ram, is an MD in Psychiatry from NIMHANS, Bangalore and also has MRCPsych from UK and CCST in Child and Adolescent Psychiatry. He has accreditation as a Specialist in Child and Adolescent Psychiatry in UK. He worked in United Kingdom for 11 years before returning to Kolkata and is now a Senior Consultant Psychiatrist attached to Apollo Gleneagles Hospital in Kolkata. He co-founded Mental Health Foundation, which focuses on providing treatment for children, young people and adults with mental health problems in a multi-disciplinary setting. Dr Ram is at the forefront of taking issues pertaining to mental health to all sections of the society and is actively involved in public meetings and lectures to de-stigmatise mental health.

As an adolescent, Dr Jai Ranjan Ram always wanted to be a food critic and a travel guide. Unfortunately, his dreams of eating exotic food from all over the planet while he travelled remained unfulfilled and he chose a far less interesting career of Medicine instead. However, as a Psychiatrist with special interest in children and young people, he gets to relive the dreams and aspirations of young minds and feels blessed that he has, in his own very small way, enabled some troubled minds to gain freedom and blossom.

He acts as an advisor to several social care organisations working with children and women. One of the areas of interest for him is explaining the nuances of mental health to the wider community and hence he takes special interest in interacting with the media to represent facts and remove the stigma around mental illnesses. Dr Ram is a strong believer in providing increased access for everyone with mental health problems and is actively involved in training professionals, teachers and care-givers on issues related to child and adolescent mental health. In his work with families and troubled minds, he likes to believe, like the protagonist from one of his favorite movies, that it will be all right in the end and if it is not all right, then it is not the end.

THE CLUB CELEBRATES**INDEPENDENCE DAY**

Independence Day was celebrated at Rotary Sadan with fervent spirit. District Governor Sudip Mukherjee graced the occasion and unfurled the National Flag at 10 am. Despite the rain and cloudy weather and the pandemic, our spirited Rotarians such as Hirak Ray, Atindra Sen, Ayesha Mazumdar, Past Secretary Anusua Das and, of course, President Debashis Mitra, First Lady Sambi Mitra and Hony. Secretary Bodhi Brata Das were present. Once the flag was unfurled, the national anthem was sung at the Club lawns.

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INDEPENDENCE DAY CELEBRATIONS



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After the flag hoisting, an Art exhibition was inaugurated at Rotary Sadan by the District Governor, accompanied by the President and Hony. Secretary by lighting of lamps. The exhibition displayed the artwork of the students ranging from Colorful Paintings, Charcoal Sketches to Graphic Sculptures, some of which were

sold immediately.



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Next to follow was a compact performance of song, dance and elocution by the Cultural Section students. Chairperson of the Cultural section, Rtn. Amrita Banerjee initiated the show by thanking Ms Asru Dutta, our Cultural Section Head for managing to pull together performances by the budding artists of the Cultural Section.



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The President welcomed the District Governor and thanked him for his firm support to Rotary Club of Calcutta. DG also addressed the gathering and encouraged our Rotary



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initiatives including online classes for the Cultural and Computer section. The event concluded with handing out of sumptuous food packets for each.

Reported by the Hony. Secretary

MOSQUITO NET DISTRIBUTION



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On 15 August, the Club distributed, in the presence of the DG, mosquito nets to representatives of 7 RCCs: The STARS, The Refuge, Kanaidanga, Krishnanagar, Dara and Bishnupur. Some of the Rotarians who attended the flag hoisting program were also present. These mosquito nets, acquired some time back, were sponsored by Rtn Rajeev Gupta's trust.



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ANNOUNCEMENTS & REPORTING

RECENT EVENTS HELD

WOMEN EMPOWERMENT COMMITTEE INITIATIVE (20/08)

The Rotary Club of Calcutta
 proudly invites you to a round table
 discussion on
'Equality and Safety of Women'.

Dr. Shashi Panja,
 Minister of State for
 Women and Child
 Development and Social
 Welfare.

Shradha Agarwal,
 Chairperson of Women
 Empowerment
 Committee at the Rotary
 Club of Calcutta.

In conversation with

Date: 20th August, 2020
Time: 3 pm - 4 pm
Zoom Meeting ID: 835 7886 6011

STRONG.
WAVE
POWERFUL.
HEARD!

VOCATIONAL SERVICE COMMITTEE AND COMMUNITY SERVICE & RCC COMMITTEE INITIATIVE (21/08)

ROTARY CLUB OF CALCUTTA
 RID 3291
 VOCATIONAL SERVICE COMMITTEE
 CONDUCTING ONLINE
**CAREER
COUNSELLING**

FOR STUDENTS OF BALLY,
BURDWAN & BARUIPUR

Date : 21.08.2020
Time : 12 noon-1pm

COUNSELLOR
Dr. Aparna Khastgir
 BA (Hons), MA (Cal), DELT (Cal), PhD (Lond)

Zoom Meeting ID - 868 6787 7602

A FELLOWSHIP COMMITTEE INITIATIVE (23/08)

**ROTARY CLUB
OF
CALCUTTA**
Fellowship & Members'
Escapades Committee
 presents

Rimjihim Girey Saawan
 Live Performances of Songs,
 Dances & other Surprise Items,
 &
 Chai Sipping Adda

TIME
 6.30PM

AUGUST
23rd
2020

Meeting ID : 818 8962 2668

ATTENDANCE REPORT (14.08.2020)

Total Members	241
Members Present	55
Exempted Members	79
Visiting Rotarians & Guests	12

Happy Birthday

PP Vikram Somany	26 August
A.V.Bhuwalka	27 August
Prof. Amita Dutt	27 August
Subrata Kumar Basu	27 August
Sudarshan Jalan	28 August
Shyamal Mitra	31 August



NEXT WEEKLY MEETING

1st September, 2020

The next RWM (virtual) will be held on **1st September, 2020**
in the evening at 5:30 p.m.

Speaker : *Ms Renuka Chowdhury , Rajya Sabha MP*

Topic: *Women in Politics*

Please note the change in timing

BOARD MEETING on 31 August

The Second Meeting of the Board of Directors (2020-21)
 of the Club will be held on Monday, 31st August, 2020
 at 6.30 p.m. online.

All Board members are requested to kindly make a note
 of it and attend.

MEMBERS' BOX

Contributed by *Rtn Ashoke Basu (AB4)*

Online Education

I have been reading up a bit on the aspect of online education, particularly higher or university education. The following strands of thoughts and facts emerge:

- a. Both receiver and giver are managing an image-self in front of the camera, including theatrics.
- b. The background image outside the image-self – particularly when all participants are visible to one another – evokes socio economic disparities and the equity of a classroom setting is lost.
- c. The background potentially sets a dishearteningly insurmountable standard of aesthetic aspirations. Family members' privacy is invaded where several members stay in small spaces and they have to subject themselves to class discipline of the student. Most importantly girl students lose out on access as well as crowding out of time due to primacy of domestic chores.
- d. Limited size of data packs lead students to move out, even in lockdown, to public areas of free internet access.
- e. Higher education content delivery is best absorbed on a laptop rather than a mobile but only 40% of such students have access to a laptop as per a University of Hyderabad study.
- f. Students who use the physical university space for classroom and library facilities face a double whammy.
- g. Laboratory work is not possible virtually.

Online education thus cannot purposefully be thought of as a substitute for regular education.

(Excerpted from articles by Prof Saumyajit Bhattacharya, University of Delhi and Mahashweta Bhattacharya Research Scholar, JNU)

MINUTES OF THE MEETING FOR THE 4776TH REGULAR WEEKLY MEETING HELD ONLINE ON 14 AUGUST AT 6 P.M.

1. President, Debashis Mitra welcomed all members and guests and called the 4776th regular weekly meeting of the Club to order.
2. National Anthem was led by Rtn. Sonal Worah.
3. Minutes of the 4775th meeting of the Club held on 11th August, 2020 were confirmed.
4. President Mitra announced that Mr. Shoojit Sircar, an eminent Film Director & Producer will address members as guest speaker on that day.
5. The President informed members that Dist. Governor, Sudip Mukherjee was present and agreed to be a co-moderator of the evening with our guest speaker.
6. Thereafter all the members welcomed Mr. Shoojit Sircar and the Dist. Governor in the usual Rotary manner.
7. The President then welcomed all Visiting Rotarians and Guests those were attended the meeting and conveyed greetings to their respective Clubs.
8. *President Reported :*
The President reported that Vocational Service Committee and Community Service & RCC Committee jointly organised Career Counselling programme on 14th August, 2020 virtually for the poor and needy students at the RCCs.
9. *President Announced*
President announced that the following programmes would be organised during the week and requested members to join:
 - i) Saturday, 15th August- Independence Day celebration at Rotary Sadan starting with flag hoisting at 10 a.m. followed by Art Exhibition and Cultural programme by the students of the Cultural Section. The programme would be inaugurated by the Dist. Governor and requested the members to attend the programme with their family.
 - ii) Saturday, 15th August- Donation of mosquito nets through Community Service & RCC Committee to the RCCs. after the I-Day celebration at Rotary Sadan.
 - iii) Thursday, 20th August - a round table discussion organised by Women Empowerment Committee. Topic : "Equality and Safety of women" between 3 p.m. to 4 p.m. on zoom. Dr. Shashi Panja , Minister of State for Women and Child Development and Social Welfare would address.
 - iv) Friday, 21st August - Career Counseling programme on zoom between 4 p.m. to 5.30 p.m for the poor and needy students at our RCCs jointly organised by Vocational Service Committee and Community Service & RCC Committee.
 - v) Sunday, 23rd August- Members' Nite & Escapades Committee and Fellowship Committee would jointly organise "Rimjhim Girey Saawan", presenting live performances of songs, dances, other surprise items and chai sipping Adda from 6.30 p.m. onwards on zoom.
10. At the request of the President, Hony. Secretary, Bodhi Brata Das thereafter conducted the Club business :
 - i) He welcomed all members and guests.
 - ii) He announced names of Rotarians celebrating their birthdays and wedding anniversaries during the week conveyed best wishes to them.
 - iii) He announced that next RWM would be held on Tuesday, 25th August at 12.00 noon on zoom.
 - iv) Hony. Secretary requested members to join Independence Day celebration on 15th August, at Rotary Sadan at 10 a.m.
11. The guest speaker Mr. Shoojit Sircar then addressed the audience.
12. This was followed by a lively Q&A session moderated by the District Governor and the President.
13. At the request of the President, Rtn. Arindam Roy Chowdhury proposed a formal vote of thanks to Mr. Shoojit Sircar on behalf of the Club.
14. The Club remembered with Good wishes Rotary Club of Guwahati, India , RI Dist. 3240
15. The meeting was adjourned at 8.10 p.m.

Debashis Mitra **Bodhi Brata Das**
President *Hony. Secretary*

ONE WORLD

We remember with good wishes
Rotary Club of Rourkela Steel City,
Odisha, RI Dist. 3261